2010 Highland Park High School Charity Drive 24 Hour Run Donations

Since 1994, Highland Park High school has devoted the entire month of February to raising money for a charity nominated and voted upon by the students. This year, the students of Highland Park High School, have chosen **CCFA** (**Crohn's and Colitis Foundation of America-Illinois Chapter**). Crohn's and Colitis is characterized as an inflammatory bowel disease that affects every aspect of digestion. The many affects of this terrible disease are; social stigma, major weight loss, pain, depression, and in some cases, parts of the bowel need to be removed. At Highland Park High School, many of the students know someone whose life is afflicted with one of these incurable diseases. CCFA's mission is to cure Crohn's disease and ulcerative colitis and to improve the quality of life of those affected by these diseases.

For the first time in the 5 year history of the 24 hour run, the Boy's and Girls Track Teams are combining their efforts to raise as much money as possible for CCFA. The 24 Hour Run is a 24-hour relay race in which members of the track team take turns running 1 mile at a time. The event takes place on HPHS's indoor track for 24 hours starting on January 29th and concluding on January 30th. After only 4 years, the 24 Hour Run has raised in excess of \$77,000; and in this our 5th year the goal is to raise over \$25,0000, bringing our 5 year fundraising amount to well over \$100,000. Our goal is to cover over 200 miles during the 24 hours of the relay.

We ask that you become an honorary member of the HPHS Track Team by making a contribution to this cause. Any amount that you contribute will help. **Donations can be made on a per-mile basis or simply a dollar contribution. Checks can be made payable to;** *Highland Park High School.* The Highland Park High School Boys and Girls Track Teams, Highland Park High School, and most importantly those affected by one of these diseases are infinitely grateful for your generosity.

Contact 24hourrun@gmail.com for any further information. Thank you.

Donor Name	Contact Information (email/phone)	Donation Amount (Flat Rate/Per Mile Basis)